

APPENDIX 1

Textile Waste: The Impact of What We Wear (Direction #1)

DESIGN CHALLENGE:

Check your clothing tags and determine the brands and/or types of fabric in your clothing. Using the resources below, record how sustainable it is. Design a matching outfit with more sustainable options, and make your case for why that fabric or brand is more sustainable.

NOTE TO TEACHERS: Instead of using student clothing, use clothing items from the school's lost and found, bring in clothing items or pre-select the brands or fabrics to research.

Pick a clothing item to research. List the clothing item and brand name below:

Research the item and/or brand and record any positive or negative things you learn.

Check out your clothing tag, record the type of fabric listed on the tag. Research the types of fabric and record any positive or negative things you learn.

What would a more sustainable clothing option be? Research alternative fabrics, brands, and purchasing options. Are there any negatives to these alternatives?

RESEARCH RESOURCES:

<https://directory.goodonyou.eco/>

www.sustainyourstyle.org

www.goodonyou.eco/how-sustainable-is-that-fabric/